

# EFFECTIVE MENTORING CHECKLIST

## 1. Design

- Reflect and detail what the ultimate success of the mentoring effort is
- Define effective mentoring elements and goals with demand- and supply-side assessments
- Design mentoring program elements (e.g. systems, structures)
- Collect and invest adequate resources into launch

## 2. Recruitment

- Establish pre-set criteria for the ideal mentor and mentee participants
- Set aside enough time for rigorous selection during the recruitment process
- Provide opportunities for mentors and mentees to 'get-to-know' mentoring

## 3. Mentor Training

- Build or refine training for participants based on critical skills needed to succeed
- Explore offering initial and ongoing support to mentors and mentees

## 4. Matching & Initial Interaction

- Match participants before the initial interaction, based on alignment of key factors
- Ensure understanding of cultural context and other elements of identity
- Establish and communicate early on opportunities to assess chemistry, check the match

## 5. Ongoing Interaction

- Set up and regularly revisit clear objectives for each interaction
- Regularly revisit indicators for assessing progress against objectives
- Set regular mentorship check-in milestones
- Revisit and refine roles and responsibilities
- Regularly establish trust and respect
- Ensure the length of relationship is adequate

## 6. Graduation & Follow-up

- Revisit and develop indicators on the mentoring relationship's value
- Assess both parties' status at the end of the relationship and set future expectations